


DIGITAL DETOX JOURNAL

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TJC
YTH



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**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
 who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.**

Amen.

INTRODUCTION



WHAT IS THIS JOURNAL?


You might be flicking through the pages of this 'journal' a tad confused. To say it's a conventional one would be a bit of a lie, so we thought it might be helpful to give you some top tips on how to get the most out of these pages.

The first thing to say is that there's no 'right' way to use this. In fact there are a ton of ways that you could go about reading it. Some of you might want to use it as an 11-day devotional; others of you may want to read a page a week during a catch-up with friends; some of you may even want to read it all in one go if you're super keen (or really bored). We don't mind how you use this: the main thing is that you use it!

It's meant to be a guide to help you through the 11 days of Thy Kingdom Come. But, honestly, use it however is best for you.

- As a reference book/simple commentary whilst you're reading the Bible/studying the Lord's Prayer
- As a reflection tool or prayer journal
- As a fire starter, table leg leveller, or a loo book for visitors
- As a gift for someone outside of the 11 days of Thy Kingdom Come

We're so pleased that you've picked up this journal. As you make your way through the pages, know that you're not journeying through this alone. However scattered we might be physically, just like the first Christians thousands of years ago, we're a part of something bigger that connects us all.





WHAT IS THY KINGDOM COME?

Thy Kingdom Come (TKC) is a global ecumenical (involving lots of different types and traditions of churches) prayer movement that invites Christians around the world to pray for more people to come to know Jesus. What started in 2016 as an invitation from the Archbishops of Canterbury and York to the Church of England has grown into an international and ecumenical call to prayer. Since it began in May 2016, God has grown TKC from a dream of possibility into a movement which unites more than a million Christians in prayer, in nearly 90% of countries worldwide, across 85 different denominations and traditions (ecumenical) – so that friends and family, neighbours and colleagues might come to faith in Jesus Christ. And now, by joining in with this journal, you are part of TKC Youth.

Check out **thykingdomcome.global**





WHY DIGITAL DETOX?

We'd love to encourage you to 'digital detox' when you're using this journal. Now, hear us out, we don't hate phones! In fact, you should see how often Tom and I are on our phones. We've figured out that we have a collective daily average screen time of 13 hours and 46 minutes. So, honestly, no judgement here. Digital detox isn't a hatred of tech: in fact, a lot of technology went into making this. All a digital detox is, is a chance for us to all have a breather from the relentlessness that is the digital world. Have you ever felt nauseous after spending too much time scrolling on your phone? We know we have. Sometimes it's good to take your eyes off a screen (however much you don't want to!).

What this journal is, is an encouragement to be still. We find stillness is much easier without distractions. We've noticed that we're definitely easily distracted! So, for us, and maybe for you too, trying to be focused on spending time with God and the Bible each day, requires us to intentionally reduce distractions. In this case, our phones. So, as you do this journal, lay down your devices, grab a pencil/pen and take some time to rest, away from the relentless notifications of life.

Disclaimer: we think there are a load of great apps out there to help us connect with God (Bible apps, worship music, podcasts etc). But for this journal, why not challenge yourself to join us as we digital detox our way through these pages.

WHAT IS VIP 3?

Throughout the pages of this journal, you'll hear us referring to the phrase 'VIP 3', but what does that actually mean?

Well, VIP 3 is a Very Important Prayer, for a Very Important Person, for a Very Important Purpose. We want to give you the opportunity now to choose the names of three people that you'll commit to praying for over the next three days, three weeks, three months, three years (or at least for the duration of this journal!). We want to encourage you to pray that these three people come to know Jesus. Maybe you could even invite them to complete this journal with you.

Take some time now to still your heart (what that means is take a breath, relax, try to put any worries to the side for a moment, and bring your focus to Jesus). Once you've done so, ask Jesus to highlight three people in your life that you could commit to praying for every day as you complete this journal. Once you have your three names, write them in the space below and come back to them each day, to pray for them:

DAY 1

Lay your devices to one side and pray these words –



**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.**

Amen.

OUR FATHER IN HEAVEN,

We love the image portrayed in the parable of the prodigal son. Parables are earthly stories with a heavenly meaning. And this story sees a father watching and waiting with hope for his son's return. The son returns and the father runs to greet him. Not everyone has a good relationship with their earthly father; but, in this parable, we're reminded that this is the Father we pray to. A Father of compassion, of love, of grace. No matter what we have done or are going through – He's calling us back to Him, ready to run to us with open arms. If you like reading/you've got some time, then check out Luke 15:11-32 for the whole story.

As we begin this Digital Detox Journal, you may be doing so alone. This first line of the Lord's prayer is a wonderful reminder just how not alone you are! Remember, He is 'our' Father. Not just mine, not just yours. No matter how scattered we are throughout the world, our Father in heaven unites us all.

On the next page are the letters that spell out the word FATHER. Spend some time now in silent prayer. If it's helpful, see if you can imagine that story of the prodigal son's Father, running towards you with open arms. And then write next to each of the letters either a word or phrase that describes your Father in heaven: characteristics that you love and know about Him.

F
A
T
H
E
R

Just before you pick your phone back up, spend a few moments (or look at a clock and keep two minutes of silence) to pray thanks to God for all He is. Use the words and phrases you've used on this page to help you as you pray.

Head back to your VIP 3 names. Take a moment now to pray that they too come to experience those characteristics of God that you wrote above.

DAY 2

Lay your devices to one side and pray these words –



**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.**

Amen.

HALLOWED BE YOUR NAME,

In the Old Testament the word 'hallowed' comes from a Hebrew word – qâd-esh which has a meaning of 'setting apart', or 'sacred', or 'holy', or 'holiness', or 'purify'. God's name is the most glorious and is to be exalted.

God's name is to be the most hallowed thing in our lives. It's so easy isn't it to 'hallow' other things – a job, money, fame, our desires, influence. The great risk of our prayers is that we can ask God to hallow things we hallow. Our prayers can be about things we want that we don't have, or stuff we have that we don't want.

This line of the Lord's prayer allows us the chance to put God in His rightful place. His name is to be above all other names. He deserves the highest praise, all the glory and all of the honour.

Are there some situations today that you have given too much thought to? We can find ourselves at risk of 'hallowing' these things above God. It's like they become the most important thing. You may like to imagine a house: entering through the various windows, doors, etc are your worries, concerns, troubles at home, fear of failure. We often forget that God's name is to be held above all of these things, that we end up focusing on these concerns more than God's hallowed name.

Before you pick your device back up – imagine that house is your heart. Now imagine God knocking at the door of that house. When you're ready, why not invite God in, saying, 'God, please would You come in and tell all these other things where to go!'



Or, take a look at the house above.

Use it however works best for you. Here are some options if you need them:

1. Write all the things that are filling your house up, that you want God to help sort.
2. Use the image to help you enter a time of prayer, imagining what we have described above.
3. Colour the house and, as you colour, pray knowing that God is rejuvenating your heart, and His name is being hallowed.

Head back to your VIP 3 names. Take a moment now to pray that they too come to know that God is above all of their worries, fears, and doubts.

DAY 3

Lay your devices to one side and pray these words –



**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.**

Amen.

YOUR KINGDOM COME,

Jesus said that the Kingdom of God is like a mustard seed. A mustard seed is tiny. And yet, when it takes root and grows, it will grow into a HUGE tree. As with God's Kingdom, we know it can start small, we can see it in the smallest of ways, but it can also grow to something rather extraordinary – beyond belief. Is there an area of your life or the world around you where you're losing hope and you want to re invite God's kingdom to come and flourish, just like the mustard seed? For example, maybe you see the same person getting bullied in school every day, or the same homeless person outside.

This line of the Lord's prayer reminds us that there is always hope, we want God's Kingdom to come. And where His Kingdom is there is hope.

On the page opposite is a tiny dot, to illustrate a mustard seed. And on the next page is a HUGE tree.

Before you look at your device again, think of an area of your life or world around you where you would like to see God's Kingdom Come. On the page with the mustard seed, write or draw what small steps you could begin with, e.g. inviting someone to eat with you at lunchtime, smiling at the bus driver. And, on the following page, imagine what the world would look like if lots of us decided to start these small steps. What sort of things would you see? What would be the fruit from that? Write them all over the tree if it helps as you think of them.

Once you've done that, head back to your VIP 3 names. Take a moment now to pray that they too experience the goodness of God's Kingdom today as they go about their daily lives.

If you have some time why not read the **Parable of the Mustard Seed**. This is one of the shorter parables that Jesus told. You can find it in Matthew (13:31-32), Mark (4:30-32), and Luke (13:18-19).





DAY 4

Lay your devices to one side and pray these words –



**Our Father in heaven,
hallowed be your name,
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Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.**

Amen.

YOUR WILL BE DONE, ON EARTH AS IT IS IN HEAVEN.

Tom's daughter introduced him to a great game recently. They play it on the journey to her swimming lessons. It's called 'Your Paradise'. She'll ask something like 'what's in your paradise Dad?' or 'what is your food paradise?' It's all about imagining your favourite things, activities, food, environments, etc. In case of any doubt, Tom's would include sunny/warm weather, a BBQ, haloumi cheese, great people and friends, and a lot of laughs, maybe even a swimming pool too. Jess's would include a beach, great music, and a small room where it's always Christmas. What would yours be like?

This line of the prayer is obviously a bit deeper than that game though, isn't it. We are praying that earth is like heaven. God wants that: of course He does. A world where there is peace, provision, love, care, respect. An earth where we see all the best things of God in action. An earth where our God reigns. Use the image of the earth opposite to imagine and pray for God's will to be done here on earth as it is in heaven.



Before you pick your device back up,
why not pray for God's will to be done
through your use of it today.

Head back to your VIP 3 names.
Take a moment now to pray that
they too experience God's peace,
provision, and love today.

DAY 5

Lay your devices to one side and pray these words –



**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.**

Amen.

GIVE US TODAY OUR DAILY BREAD.


If we have a good relationship with food, then, when we eat, we will find sustenance, fulfilment, enjoyment, and satisfaction. For today's journal page, read our line for today a few times over. Take your time with it. See if you can read it calmly three times. What do you notice as you say it repeatedly? What different words stand out to you? There is a practice called *Lectio Divina*. It means 'divine reading' in Latin. It's an ancient monastic way of immersing ourselves in the scriptures, opening ourselves up to what God is trying to say to us.

Let's try a form of that here today with this line.

1. Read it slowly and carefully. Try reading it five times over.
2. Now take some time to meditate, or think deeply, on what you've just read, dwelling upon what God might be saying to you.
3. Take some time to pray, to have a conversation with God about it, and ask Him how you can put that into practice.

We need food each day, but we also need shelter, love and safety too. Before you pick your device back up, tell Him about a specific need you have and pray for those who come to mind who need food, shelter, love and/or safety today.

Give us
today
our daily
bread



Head back to your VIP 3 names.
Take a moment now to pray
that they too experience God's
provision over their daily needs,
and that they find sustenance,
fulfilment, and enjoyment today.

DAY 6

Lay your devices to one side and pray these words –



**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
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but deliver us from evil.
For the kingdom, the power,
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now and for ever.**

Amen.

FORGIVE US OUR SINS

God forgives each of us. For today's journal page you're going to need a bin and a pen/pencil.


Use the next page to write down some things that you're not very proud of, moments you have sinned, done wrong to others. Once you've done that, rip the page out of the journal, then chuck it in the bin! As you throw it into the bin use the prayer opposite:

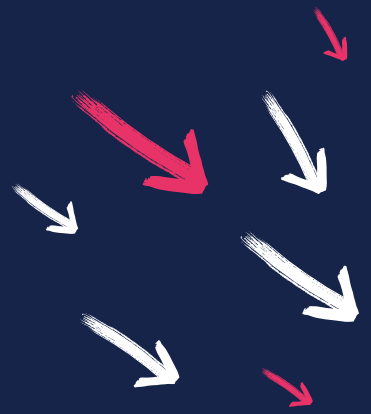
That prayer is based on Psalm 51. Why not check it out if you have some extra time and see what stands out to you about the Psalm.

God forgives you.

Don't forget to head back to your VIP 3 names. Take a moment now to pray that they come to know that amazing truth, that whatever they have done in their lives, whatever they will do, God still loves them and longs for a relationship with them.

Lord God,
we have sinned against You;
we have done evil in Your sight.
We are sorry and repent.
Have mercy on us
according to Your love.
Wash away our wrongdoing
and cleanse us from our sin.
Renew a right spirit within us
and restore us to the
joy of Your salvation,
through Jesus Christ our Lord.
Amen.





USE THE NEXT PAGE TO
WRITE DOWN SOME THINGS
THAT YOU'RE NOT VERY
PROUD OF, MOMENTS YOU
HAVE SINNED, DONE WRONG
TO OTHERS.

ONCE YOU'VE DONE THAT,
RIP THE PAGE OUT OF THE JOURNAL,
THEN CHUCK IT IN THE BIN!



TEAR HERE

TEAR HERE

DAY 7

Lay your devices to one side and pray these words -



**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.**

Amen.

AS WE FORGIVE THOSE WHO SIN AGAINST US.

Yikes! Confession time for me (Tom). This might be the hardest one for me to pray sometimes. If someone has wronged you, or a friend, or a group of people, it's hard not to want them to feel the punishment you think they deserve: right? But it feels like today's line and yesterday's line link. They come as a combo don't they. Forgive us as we forgive others. What is it that's stopping you from doing that? We live in a messy world. In a world of conflict, division and one that is complex. We need people that are committed to peacemaking and reconciliation. In Matthew 5:9, Jesus says, 'Blessed are the peacemakers, for they will be called children of God.'

This may seem easier when it's situations that aren't as close to home. But how about the hurt caused by family breakdown, problems with people at school, someone who has done something unkind to a mate. Today we commit to forgive them too.

Imagine a world where this is the case: the smallest acts of forgiveness all compiled together would create quite the avalanche of forgiveness, wouldn't it.

Before you pick your device back up, ask God to help you forgive those whom you've found it hardest to forgive.

Head back to your VIP 3 names. Take a moment now to pray that their hearts too become softened towards those that they're struggling to forgive in their own lives.

DAY 8

Lay your devices to one side and pray these words –



**Our Father in heaven,
hallowed be your name,
your kingdom come,
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on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
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Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.**

Amen.

LEAD US NOT INTO TEMPTATION

[Today's page is blank]

For some reason, Tom would always find it funny when there was an exam paper, and on one of the pages they would print [This page is blank]. He would always wonder why they bothered. Was it so he didn't panic if he saw a blank page and thought to himself, 'only mine has missed an important question!' Or was it for the printer, so it knew this page had to remain blank. If you're an exam writer reading this, would you please get in touch with Tom to let him know?! But in all seriousness, this is a prayer that God does not lead us into temptation.

No temptations
Zero temptations
Blank

The next page is blank. As you close your eyes, ask God to remove any temptations that could come your way. If it's helpful, you could imagine or even write down the various temptations that often come your way and pray that God would help you with those.

Once you've done that, head back to your VIP 3 names. Take a moment now to pray that they too can experience freedom from temptation today.

[This page is blank]

DAY 9

Lay your devices to one side and pray these words –



**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.**

Amen.

BUT DELIVER US FROM EVIL.

We've done several personal prayers in this journal, and that is good and important. But for today we want to focus on the world. Evil is everywhere, isn't it? We see all kinds of evil in the world. Darkness, injustice, life without God.

If you cast your minds back to the various forms of lockdowns and restrictions around the world during Covid-19, we witnessed what looked and felt like the caging nature of lockdown: the 'quietness' or stillness of staying at home, had provided an increased volume to the issues of injustice in the world. Young people began to unmute themselves and speak up against these injustices. They wanted a better world, and they were doing something about it. In London in particular, I (Tom) will never forget seeing so many young people engage in the issues around climate care as protests took place in the city, or the hundreds of thousands meeting up and marching about racial justice issues, or seeing many (but not just) girls gathering after the horrific murder of a young woman. They were seeking reconciliation, resolve, and fighting against the brokenness of this world. Fighting and speaking up against the evil that they saw. Let's use today's prayer as a cry out for God to deliver us from the evil of the world. John 1:5 reads:

*“The light shines
in the darkness,
and the darkness
has not overcome it”.*

Evil doesn't win. God has the victory.

You have a prayer to be heard that will make positive change in this world.

See the candle on the next page? You're getting into the swing of things in this journal now. Use it however is best for you: you will have begun to find ways that help you find stillness and to open up in prayer. Colour the candle, scribble and cross out some areas of evil you see in the world that you'd like God to deliver us from, or write the evil around the candle and rip those areas out, leaving only the candle, as an act of prayer.

Once you've done that, head back to your VIP 3 names. Take a moment now to pray that they too experience the light of God in their lives today.

COLOUR THE CANDLE, SCRIBBLE
AND CROSS OUT SOME AREAS OF
EVIL YOU SEE IN THE WORLD THAT
YOU'D LIKE GOD TO DELIVER US
FROM, OR WRITE THE EVIL AROUND
THE CANDLE AND RIP THOSE AREAS
OUT, LEAVING ONLY THE CANDLE,
AS AN ACT OF PRAYER.





TEAR HERE

DAY 10

Lay your devices to one side and pray these words –



**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.**

Amen.

**FOR THE KINGDOM, THE POWER,
AND THE GLORY ARE YOURS
NOW AND FOR EVER.
AMEN.**

Congratulations! You've made it through the Lord's Prayer in this Digital Detox Journal. As we said at the start, we don't hate phones. Digital detox isn't a hatred of tech, in fact, a lot of technology went into making this. All a digital detox is, is a chance for us to all have a breather from the relentlessness that is the digital world. Hopefully there have been less moments of feeling nauseous after doom scrolling on your phone! There have been for us. Sometimes it's good to take your eyes off a screen (however much you don't want to!).

This journal was an encouragement to be still.
We find stillness is much easier without distractions.
As we mentioned at the start, we are easily distracted!

So, for us, and maybe for you too, trying to be focused on spending time with God and the Bible each day requires us to intentionally reduce distractions – in this case, our phones. Our minds are so scattered, busy, and distracted. Because of this, creating a pattern or rhythm of prayer and time to journal, focusing on God's word is so important. If we are to be followers of Christ for the rest of our lives,

like apprentices to Christ, then we need tools in our toolkit to help us with that. You've picked up and tried some tools in this journal along the way. Which have you found most helpful? Scribbling your prayers, journaling your thoughts, ripping out your frustrations, or perhaps the simple daily act of putting your devices to one side to create space and time to pray? Maybe you've found yourself appreciating the rhythm of reading or praying aloud the Lord's Prayer each day for ten days straight.

On this final day of the Lord's Prayer, we find ourselves pointing back to God, to His majesty, sovereignty, power and reign. Drawing our gaze back to God, we place Him above all else.

This final line is a reminder that God's Kingdom, power, and glory remain constant. Hardships will come and go, but God's unfailing love remains the same yesterday, today, and always.

Before you pick up your device, head back to your VIP 3 names. Take a moment now to pray that they too experience God's blessing today as they go about their daily lives.

DAY 11

Lay your devices to one side and pray these words –



Heavenly Father, thank You for Pentecost Sunday!

Thank You for the gift of your Holy Spirit.

Thank You that we can have a relationship with You today and every day.

Come Holy Spirit.

Amen.

PENTECOST SUNDAY

Pentecost Sunday is a special day in the Church Calendar. It's a celebration of the day that the Holy Spirit descended on the Apostles and other followers of Christ. This day reminds us that we have been given the Holy Spirit as a free gift, a wonderful encouragement that we are never far from God: He is with us at all times and in all places.

We can read about Pentecost in Acts 2 in the Bible. If you've got some time, why not head to Acts Chapter 2 and read it now. In the passages it describes a sound like the blowing of a violent wind coming from heaven and filling the whole house where all the people were gathered. They were all filled with the Holy Spirit and were now able to speak in different tongues. The people around them were amazed because although they didn't speak the same language, they were able to understand what they were saying. (People around them thought they were drunk – but others said that they couldn't be drunk because it was far too early to be drinking!)

There are many ways to be filled with the Holy Spirit. Some people like to wait in silence, this method looks a lot like meditation, some enjoy sung worship, others find it useful to journal whilst waiting so they can write down/draw anything they feel that God is saying to them.

Let's take some time now to pray the words, 'Come Holy Spirit', and wait and see what God wants to say or do. Waiting isn't always easy, so why not find a clock and time a couple of minutes, or if you're doing this in a group, maybe someone could set a two-minute timer. If you're unsure where to start, we've listed a couple of things you could do in the time:

- 1. Write or draw any feelings or emotions that might come up (happy, peaceful, sad, excited, etc.). You might even have words or phrases that pop into your head. Top Tip: write it all down! It can be easy to second-guess yourself or God when you try something like this; but, for the next few minutes, write/ draw it all down. You never know what God might be wanting to say to you.
- 2. Bring to mind the names of your VIP 3. During this time, pray that they too experience the gift of the Holy Spirit. Maybe you could ask God to show you ways to invite them along to your local church or youth group.

.....

Come
Holy
Spirit

.....

Take some time to reflect, either by yourself or in a group, on how you found that. You might want to share with someone what emotions you felt or what you felt God might have been saying to you or for your VIP 3.

The wonderful thing about Pentecost is that it reminds us that no matter where we are in the world, however scattered we are geographically, we're all part of God's Church, we all have a part to play in sharing the good news of the Gospel to those around us, and His gift of the Holy Spirit is for us all. No matter where you find yourself reading this, whether you're alone in your room, or sitting in a group in a park, the Holy Spirit is for you.

Even though this journal has come to an end, we want to encourage you to continue to pray for your VIP 3. It can be hard to keep praying when you don't see an instant difference but remember – your prayers are powerful! We pray as we end this journal together that God might bless you richly. Thank you for journeying with us over the past 11 days, we've loved every minute of it.



INVITATION TO JOIN **28:19 COMMUNITY**

To call the gospel 'Good news' might be the greatest understatement of all time. It's astonishing, life changing, world transforming news. And everyone needs to hear it so they can respond. But they can only hear it if someone tells them.

Some of you will have really enjoyed the challenge of praying for your VIP 3 every day, and the idea that you can share Jesus with your mates is quite exciting to you. If so, Twenty-Eight Nineteen is for you.

Twenty-Eight Nineteen is a new project across the Church of England that aims to empower and release you to effectively tell others about God's love.

We've called it 28:19 because in Matthew's gospel – chapter 28 verse 19 – the last words Jesus speaks to his disciples is, 'go and make disciples of all nations'. He told them to carry the news to the ends of the world. It's often called 'the great commission'. We'd love you to be a part of it.

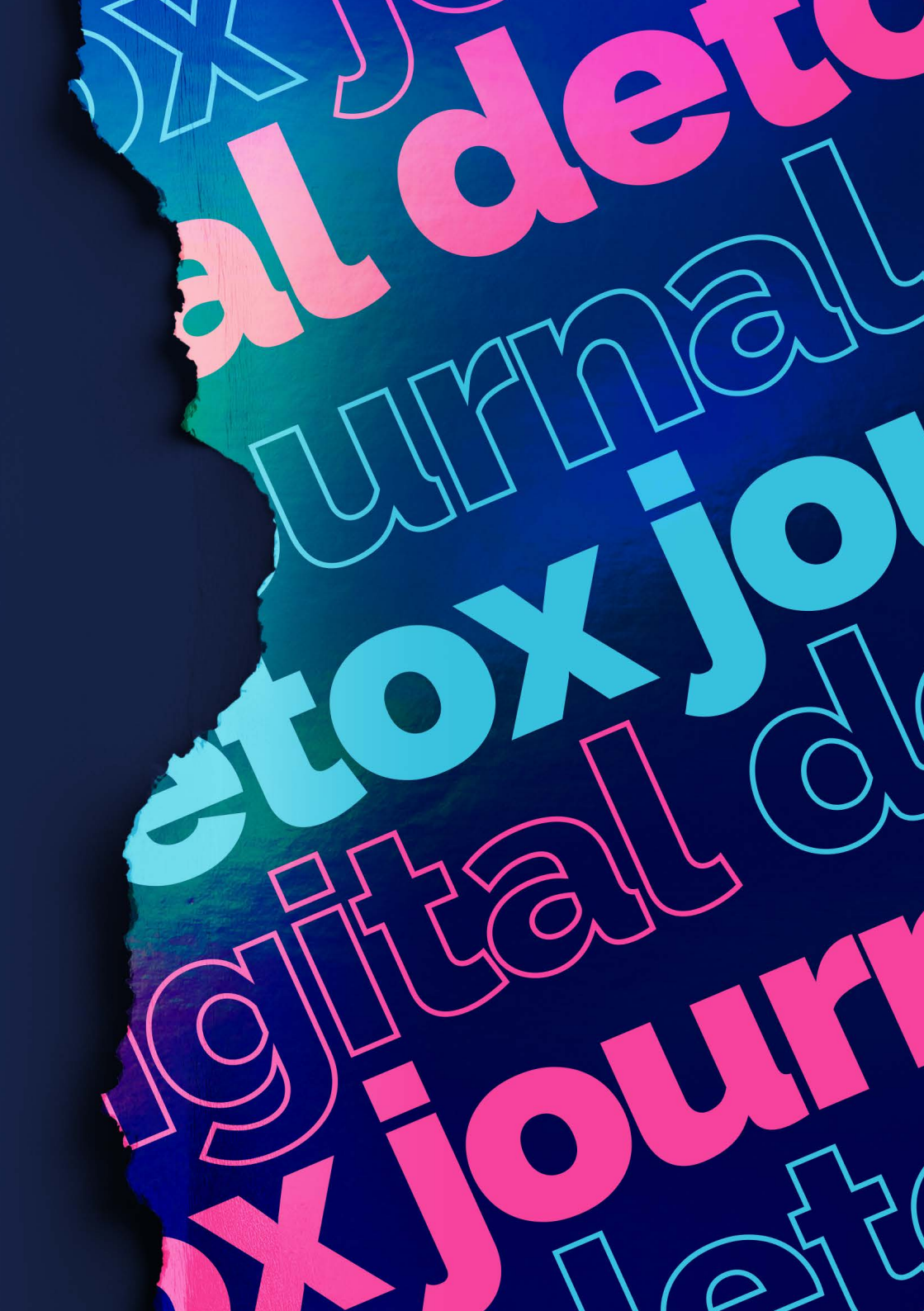
In all honesty, we don't have a special formula, and we don't want to tell you what to do or control you, we want to empower and release you! We believe that God could be stirring something new in you, and we want to do our part to help release it. We can't wait to see what will happen as this community forms. This community is for you – for any teenager across the church, from any and every style and tradition.

If you are even a little bit interested, why not scan the QR code to find out more.



**28
19**







THY
KINGDOM
COME